Record-breaking Sarah's new challenge

Sarah Ferguson will be in the swim of things in her latest adventure next week. DURBAN residents Sarah Ferguson and Durban News Today writer/photograph Barbara Cole agree that swimming through the ocean, which is to be done with little effort, is the perfect challenge for the swimmer. Ferguson, who is set to swim the Kosi Bay Channel next week, will be the first person to swim the channel and will be the first to set a new record for the distance. Ferguson plans to swim the channel in a time of one hour and 45 minutes, which is a significant feat for the swimmer. The challenge will be undertaken over six days, with each day focusing on a different aspect of the swim. Ferguson's team will be in charge of providing food and water, ensuring that the swimmer is well-fed and hydrated. There is also a plan to set up a tent behind the boat, which will provide a canopy for the swimmer. Ferguson is looking forward to the challenge and is excited to see what she can achieve.